

Society Needs to Keep Implementing Covid-19 Preventive Health Protocol

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The Covid-19 outbreak has become the primary concern of most people in the world. Moreover, some people infected with Coronavirus is not always having similar symptoms.

Coughing is one of the symptoms that appears in positive patients with Covid-19. At first glance, indeed, it looks similar to the symptoms of cough in the common cold.

"It's a bit difficult to distinguish coughs from colds or because of Covid-19 clinically. The only difference is the swab test," explained the doctor of the ENT Academic Hospital (RSA) UGM, dr. Mahatma Sotya Bawono, Sp.THT-KL, M.Sc on Tuesday (7/7).

He mentioned from several reports that exist to date on positive patients with Covid-19 the main symptoms that appear include coughing, fever, shortness of breath, and fatigue. Then as time goes by, other new symptoms appear that is anosmia or loss of ability to smell. In the future, there is the possibility of increasing new symptoms that arise.

However, he said that not all of these symptoms always appear in every positive patient of Covid-19. There are positive patients with Covid-19 who do not show any symptoms of illness. They used to be

called as people without symptoms (OTG).

"So, don't just hold on to clinical symptoms because they can be similar, especially if you are in the red zone that has a local transmission. Different from those in the green zone can differentiate from searching contact history," Mahatma explained.

Therefore, he urged the community to remain alert and remain consistent in implementing the Covid-19 preventive health protocol. Always wear a mask when leaving the house, keeping a safe distance, not crowding, and diligently washing hands with soap and running water and maintaining a clean and healthy lifestyle.

"Increase the precaution and keep implementing a health protocol to minimize the risk of Covid-19 transmission," he said.

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