

HIMMPAS UGM Holds Health Services to Welcome the Ramadhan

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Welcoming the arrival of the holy month of Ramadan 1432 H, Graduate Muslim Student Association of Universitas Gadjah Mada (HIMMPAS) held a charity health service. The event was held in the partner village of HMP-HIMMPAS in the Boyong sub-village, Hargobinangun village, Pakem sub-district, Sleman, Sunday (17/7). According to the social service committee chairman, Sumarlin, such acts are tarhib (to welcome) the arrival of Ramadan as well as a means for sharing with others.

"According to the theme, welcoming the holy Ramadhan with healthy body and mind, HIMMPAS would like to invite participants to welcome Ramadhan by strengthening the body and mind as a starting point to achieve the benefits of fasting," said Sumarlin.

The event was attended by approximately 42 participants who are mostly elderly. This activity also involves the Bulan Sabit Merah Indonesia (Red Crest Moon Indonesia-BSMI). The event was welcomed enthusiastically by the local community who is still receiving minimal health services except from IHC (Intensive Health Care post).

"We would like to say thank you for the activity, because it can help people who are experiencing health problems," said Chief of Boyong sub-village, Sokimun.

In the examination, some of the most prevalent health complaints are hypertension, cough, gastritis/ulcer and body aches/stiffness. In addition to medical examinations, participants were also given counseling about the physical and spiritual preparation to welcome Ramadan.

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