

A Healthy Workplace Environment Effectively Prevents New Covid Cluster

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Pandemic has still become the most happening problem in the world, including Indonesia. Curative service regarding the pandemic would never be enough to stop its transmission, primarily when it happens to workers. It requires collective awareness from each individual, one of which by sounding promotion and prevention. "This aims to protect everyone in the working environment. Better understanding will lead us to better practice that possibly can protect them outside the working environment as well," said Ova Emilia in the Webinar entitled The Effectiveness of Environmental Engineering in Establishing a Healthy Campus in the New Adaptation Era on Wednesday (5/5).

Ova also believed that a condition of a healthy working environment could influence someone's productivity up to 40 percent. Besides, an unhealthy working environment such as discrimination, bullying, and abuse can also result in prolonged stress. "We've got a lot of homework to do to create a healthy working environment, one of which is to prevent Covid transmission as well," she added.

According to the Director of Occupational Health and Sports, Ministry of Health of the Republic of Indonesia, dr. Riskiyana Sukandhi Putra, M. Kes., said about 127 workers in Indonesia with 133 million people were in the productive age category. Besides degenerative disease, it can also be caused by the 'relentless' pandemic period. Therefore, actions to promote prevention concerning pandemics are necessary. "A big possibility of transmission could happen in the workplace. It can

highly cause a new Covid-19 cluster. There should be quick and responsive actions to prevent that," said Ova.

To build awareness, the working institutions should continually and repeatedly promote health information. Moreover, they should also strengthen the 3M principle and conduct a routine Covid-19 detection test. "Pandemic makes us need to adjust to the new habit for the sake of our safety and health in the working environment," she concluded.

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