

## Soursop Leaves Cookies to Prevent Tumour and Cancer

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Students of Universitas Gadjah Mada (UGM) have made cookies that can prevent tumour and cancer.

These cookies are made from the leaves of soursop (*Annona muricata L*) as its ingredient. COODASI is made by Diah Ayu Widyaningrum, Athaya Shafiyya, Ayu Sundari, and Muhammad Haidar Indrawan.

“Soursop leaves have antioxidant and acetogenin contents which are anti-cancerous,” said Diah in a release received on Sunday (1/7).

Both compounds can eliminate cancer cells in a natural way that make them safe and effective for treatment. They do not cause nausea, weight loss, hair loss, etc that often happen in people undergoing chemotherapy.

Diah said the idea for the cookies started from the Student Creativity Programme UGM 2018. They were concerned with the habit of modern people that like to consume instant and junk food. These

can actually trigger free radicals in the body and in the long term carcinogenic compounds that can cause tumour or cancer.

Under the guidance of Fiametta Ayu Purwandari, S.TP., M.Sc., the students turn the soursop leaves into powder that can later be added on to cookies ingredients. The powder uses no preservatives and reduces the use of sugar by replacing it with cinnamon powder. These cookies use modified cassava flour.

Currently, COODASI has 3 variants: original, chocolate, and pandanus, and comes in three packages, which are *Coomis* (20 gr) that is sold at Rp2,000, *Coonyang* (60 gr) Rp5,000, and *Cootupat* (250 gr) Rp25,000.

COODASI can be bought at the Sunday Morning UGM and Sunday Morning XT Square markets as well as the canteen of Faculty of Agricultural Technology. It can also be ordered by *Line*: @ixy27591 and *Instagram*: @fantasticoodasi.

“Going forward, we will soon apply for a patent, food certificate and halal certification,” she said.

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